

## KCC Activities Rules

# Canoes on Pond

(2 Capable Persons)

### Key Supervision Rules

- One Capable person to each 4 campers. Minimum of 2 supervising, one of which must be a Experienced Adult.
- Capable means that the supervisor must be able to paddle/row and provide assistance to a person in difficulty/danger
- Check All equipment before use (Canoes/rowboat, paddles, lifejackets etc)
- Check jetty, pond area and conditions that could lead to injury or sickness – If in doubt about safety do not use and contact Camp manager or program director about concerns
- Help people in and out of canoes at jetty
- When needed, Canoe safety/techniques to be taught by supervising leaders
- At the end of days activity, take canoes/rowboat out of the water, return paddles & lifejackets to their storage area
- Make sure area is left tidy and rubbish picked up.

### Key Safety Points

- **Take extreme care crossing the road**
- **Take care walking through the farm paddock when animals are present**
- Life jackets must be worn and fitted correctly before entering pond area
- **Give Clear Safety instructions** to group before getting into canoes
  1. **All must wear Life Jackets**
  2. **Campers must stay within sight of supervising leaders**
  3. **1 whistle blow means Stop and listen to instructions, 3 whistle blows mean return to jetty**
  4. **Only get in & out of canoes at the jetty with the help of a supervisor**
  5. **If capsized, Don't panic, follow instruction of the supervisor**
  6. **Don't throw water weed at each other– (May cause rashes)**
  7. **Take care with use of paddle particularly when playing games**
  8. **Games / Water fights – only involve those that want to play**
- **Supervisors** are to **continually count** those both in and around the pond and be aware of people coming and going

### Tips

- Have some games like races, Swap canoes, Water fights, canoe tag
- Can set up a treasure/scavenger hunt in canoes